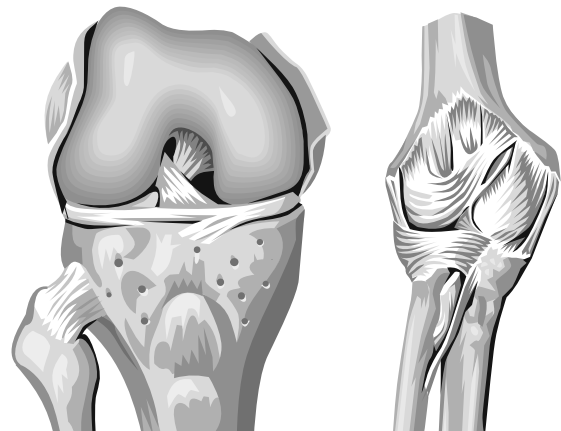


Understanding Joint Structure

A joint is the place where two bones are connected. The joints we tend to pay the most attention to — such as the knees, hands, elbows, hips, and wrists — are called synovial joints, because they are surrounded by lubricating synovial fluid.

The bones in a synovial joint are covered with a layer of slippery cartilage, which enables them to glide against each other seamlessly. In fact, if it weren't for cartilage, friction and discomfort would result as the bones grated against one another, and mobility would be limited. Unfortunately, overexertion, the natural aging process, and everyday wear and tear can all impact cartilage integrity.

Cartilage is constantly undergoing a cycle of breakdown and rebuilding in a process known as cartilage remodeling. This is a good thing, because it means old cells are constantly being replaced with new ones. The key to joint health is to make sure that cartilage breakdown does not outpace cartilage repair.



Artiflex

Supplement Facts

Serving Size: 2 capsules	Servings Per Container: 30
Amount Per Serving	% Daily Value
Proprietary blend of BioCell Collagen® and chondroitin sulfate Hydrolyzed chicken sternal collagen type II (600 mg) Chondroitin sulfate (400 mg) Hyaluronic acid (100 mg)	1200 mg †
† Daily value not established.	

Other ingredients: gelatin, microcrystalline cellulose, leucine.

Artilast

Supplement Facts

Serving Size: 2 capsules	Servings Per Container: 30
Amount Per Serving	% Daily Value
Vitamin D3 (as cholecalciferol)	1000 IU 250%
Vitamin K2 (as menaquinone-7) (VitaMK7®)	90 mcg 112%
Boron (as bororganic glycine)	3 mg †
Avocado (fruit) and soybean unsaponifiables extract (AvoVida®) (Phytosterols 90 mg)	300 mg †
† Daily value not established.	

Other ingredients: rice flour, vegetable cellulose, vegetable magnesium stearate. Contains soy.

Artiquil

Supplement Facts

Serving Size: 1 vegicap	Servings Per Container: 30
Amount Per Serving	% Daily Value
Meriva® Curcumin Phytosome Proprietary blend of turmeric rhizome extract and phosphatidylcholine (soy) (Curcuminoids 90 mg)	500 mg †
Celery Seed Extract (Total 3NB phthalides 63.8 mg)	75 mg †
Boswellia serrata gum resin extract (ApresFLEX®) (3-O-acetyl-11-keto-neta-boswellic acid 10 mg)	50 mg †
† Daily value not established.	

Other ingredients: rice flour, vegetable cellulose, vegetable magnesium stearate. Contains soy.



Our Commitment to Clinical Efficacy

Every ingredient validated by human studies.
Every dosage consistent with clinical research.
No exceptions. No compromises.

QOL Labs®, LLC
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QOL LABS®

Artiflex™

with Hyaluronic Acid
and Chondroitin

Artilast™

with Avocado Soy
Unsaponifiables (ASU)

Artiquil™

with Meriva® Curcumin
and ApresFLEX® Boswellia

- Comfort*
- Mobility*
- Structure*

When It Comes to Joint Health, One Size Does Not Fit All

If your joints are healthy and functional, you can bend, lift, turn, squeeze, jump, twist, and run. In essence, you're free to live and move the way you want to. That's why it's so important to maintain your joint health, especially as you age.

The good news is that a number of natural ingredients have been shown to support healthy joints — without side effects.

Importantly, though, not everyone needs the same type of joint support, so there is no "one size fits all" solution. That's why Quality of Life has developed three joint health formulas, each one targeting a specific aspect of joint health.*

What Kind of Joint Help Are You Looking For?

Joint Comfort	Artiquil promotes quick joint comfort, working in as little as 7 days!*
Joint Mobility	Artiflex increases joint mobility and range of motion*
Joint Structure	Artilast protects existing cartilage and may help build new cartilage*



* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Artiflex™ Increases Joint Mobility & Range of Motion*

When you can move with ease, when your joints feel loose and flexible, you can do the things you want to do.

Artiflex features two clinically tested ingredients — BioCell Collagen® & chondroitin sulfate — that increase the mobility and range of motion of synovial joints through their structure-modifying effects.*

What Kind of Results Can You Expect from Artiflex?

Several randomized, double-blind, placebo-controlled human clinical trials have shown that the ingredients included in Artiflex:

- Improve joint flexibility and mobility*
- Help cushion and lubricate the joints*
- Promote a more active daily life*

Why Extra Chondroitin?

BioCell Collagen, at 2 grams daily, provides a range of naturally occurring constituents, including 400 mg of chondroitin. While BioCell Collagen is effective at this dosage, studies on stand-alone chondroitin sulfate typically utilize 800 mg per day. Artiflex combines BioCell with extra chondroitin to reach the clinically studied dosages of each ingredient.

Artilast™ Protects and May Help Rebuild Cartilage*

The key to healthy joints is healthy cartilage. So if you want to look beyond joint comfort and joint mobility, it's important to protect your existing cartilage and help rebuild new cartilage.

The clinically tested ingredients in Artilast support joint longevity.*

What Kind of Results Can You Expect from Artilast?

Research has shown that the ingredients in Artilast:

- Support healthy joint function*
- Help protect existing cartilage*
- May help build new cartilage*

How It Works

The lead ingredient of Artilast is ASU (avocado soy unsaponifiables). The proposed mechanism of action of ASU is through increasing the synthesis of collagen and proteoglycan, two components of connective tissue, and inhibiting the release of degradative chemicals.*

Population studies have demonstrated an association between healthy joints and adequate levels of vitamin K, vitamin D, and boron. Therefore, Artilast includes dosages of these nutrients high enough to bring blood levels within normal range when taken daily.

Artiquil™ Promotes Quick Joint Comfort*

The vast majority of joint health products today feature glucosamine and chondroitin. These ingredients are great for protecting existing cartilage and building new cartilage, but here's the catch — they take months to work.

Artiquil is designed to be fast-acting, working in as little as 7 days.*

What Kind of Results Can You Expect from Artiquil?

Human clinical trials have demonstrated that the proprietary botanical extracts featured in Artiquil:

- Promote joint comfort*
- Support joint function*
- Work in as little as 7 days*

Why Not Herbal Powders?

All the botanicals in Artiquil — turmeric, boswellia, and celery seed — have been used for centuries to promote joint well-being.* New technological advances have allowed for significant improvements in the stability, absorption, and efficacy of these three classic herbs. That's why Artiquil features highly absorbable Meriva® curcumin, ApresFLEX® boswellia, and celery seed extract 85 percent 3NB rather than straight herbal powders.

Dosages Consistent with Clinical Research

Not all formulas on the market use meaningful dosages of key ingredients. What sets QOL Labs' formulas apart is that we take only clinically researched ingredients for specific health conditions and formulate them into products consistent with suggested dosages.

Ingredient	Daily Dose Used in Human Studies	Daily Dose Used in Artiflex™ ^s
BioCell Collagen® II	2,000 mg	2,000 mg
Chondroitin Sulfate	800–1,200 mg	800 mg (400 mg from BioCell Collagen + 400 mg from Chondroitin Sulfate)

^sServing size: 2 capsules • Daily dose: 4 capsules

Ingredient	Daily Dose Used in Human Studies	Daily Dose Used in Artilast™ ^s
ASU	300 mg	300 mg
Boron	6 mg	6 mg

^sServing size: 2 capsules • Daily dose: 2 capsules

Ingredient	Daily Dose Used in Human Studies	Daily Dose Used in Artiquil™ ^s
Meriva® Curcumin	1,000 mg	1,000 mg
ApresFLEX Boswellia	100 mg	100 mg
Celery Seed Extract 85% 3NB	100 mg	150 mg

^sServing size: 1 capsules • Daily dose: 2 capsules

For studies on each ingredient, please visit:

www.humanclinical.org