

Dosages Consistent with Clinical Research

Not all formulas on the market use meaningful dosages of key ingredients. What sets Quality of Life's formulas apart is that we take only clinically researched ingredients for specific health conditions and formulate them into products consistent with suggested dosages.

Ingredient	Daily Dose Used in Human Studies	Daily Dose Used in Allersol™ ^{MS}
Allerinol™	<i>Perilla frutescens</i> extract enriched to contain 50–200 mg rosmarinic acid	<i>Perilla frutescens</i> extract enriched to contain 100 mg rosmarinic acid
Bromelain	500–2,000 mg	500 mg (2400 GDU)W
Quercetin	100–1,000 mg	400 mg
Stinging Nettle	300 mg whole herb powder	75 mg of a 4:1 concentrated extract, delivering the equivalent of 300 mg whole herb powder

^SServing size: 2 vegicaps • Daily dose: 2 vegicaps

Supplement Facts

Serving Size: 2 vegicaps

Servings Per Container: 30

Amount Per Serving	% Daily Value
Allerinol™ proprietary blend <i>Perilla frutescens</i> (leaf) extract containing 33% rosmarinic acid	100 mg †
Bromelain (from pineapple) (2400 GDU/gram)	500 mg †
Quercetin (as dihydrate) seeds (<i>Dimorphandra Gardneriana</i> Fam. Leguminosae)	400 mg †
Stinging nettle 4:1 (root) extract (<i>Urtica dioica</i>)	75 mg †
† Daily value not established.	

Other ingredients: maltodextrin, vegetable cellulose, vegetable magnesium stearate, rice flour.

This product is suitable for vegetarians and gluten-free.



Our Commitment to Clinical Efficacy

Every ingredient validated by human studies.
Every dosage consistent with clinical research.
No exceptions. No compromises.

QOL Labs®, LLC

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Allersol™

QOL LABS®

Perilla frutescens
Proprietary Extract
(Allerinol™)

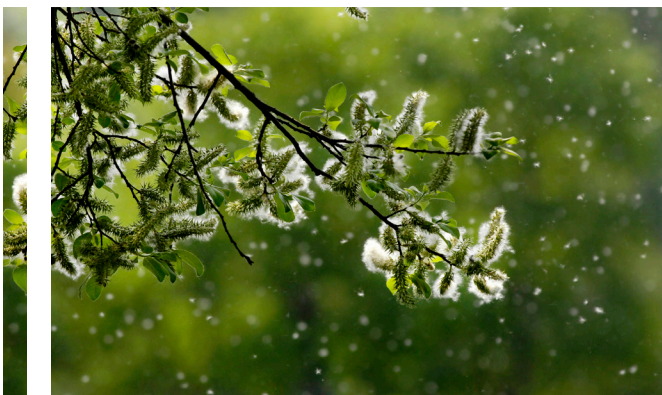
Sinuses: Supports nasal health*
Lungs: Promotes free and easy breathing*
Eyes: Provides comfort to the eyes*

For studies on each ingredient, please visit:

www.humanclinical.org

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Breathe Easy with Allersol™



Not everyone loves spring. If you're one of the 26 million people who experience seasonal discomfort, you may feel like spring is out to get you. After all, it's hard to enjoy the great outdoors when it's making you miserable.

The good news is that while Mother Nature put you in the state you're in, she can also take you out of it. Research has shown that certain herbs and herbal derivatives may have the power to turn you back into a normal, spring-loving person. Quality of Life's Allersol is a science-based supplement that blends some of the most researched natural ingredients to help relieve your seasonal discomfort.*

What's Going On?

If you experience seasonal discomfort, it's because your immune system is in overdrive. In its effort to protect you, it overreacts to harmless airborne particles, launching a full-fledged immune attack.

Seasonal discomfort begins when an airborne particle enters the airways, including the mouth, nose, throat, and lungs. There, the particle settles into the mucous membranes that line the airways.

If the mast cells interpret the particle as a threat, they release their contents of histamine. This inflammatory chemical sets into motion a series of reactions, all designed to help you eliminate the outside "invader."

In addition to making you feel tired and itchy all over, histamine affects your:

Sinuses, causing inflammation in the nasal passageways

Lungs, causing constriction of the bronchial passageways and difficulty breathing

Eyes, causing tearing, redness, and itchiness

Introducing Allersol

Doctor-formulated Allersol is a unique proprietary blend of the world's most researched natural ingredients for helping you feel your best, whatever the season. Unlike other products, which offer only partial relief, Allersol is a holistic formula that targets three areas of the body: the sinuses, lungs, and eyes.*

Original Clinical Research on Allersol

Allerinol™ is a proprietary extract of perilla, a Japanese herb traditionally consumed with sashimi, that is enriched with rosmarinic acid. Also present in other savory herbs such as rosemary, oregano, sage, and thyme, rosmarinic acid is a powerful antioxidant. It works by calming down an overactive immune system.*

How Allersol Works

Sinus Support*

Allersol includes three ingredients shown in human clinical research to support the health of the nasal passageways: Allerinol, a proprietary enriched extract of the Japanese herb perilla; bromelain, an enzyme derived from pineapple; and nettles, an herb used in traditional European herbalism.

Lung Support*

Double-blind, placebo-controlled human clinical trials have shown that bromelain supports free and easy breathing.* This effect is likely due to bromelain's documented ability to support the health of the bronchial passageways.*

Eye Support*

Double-blind, placebo-controlled trials found that both Allerinol and quercetin support the health and comfort of the eyes in human subjects.

